

Consumer Services

4-H YOUTH DEVELOPMENT

The 4-H program is a nationwide, 100 year old, volunteer led, educational youth development program administered through the United States Department of Agriculture Extension Service and the state's land grant institutions. In Florida, it is managed by the University of Florida and the Miami-Dade County Cooperative Extension Division, a division of the Consumer Services Department. The local program is staffed by 5 paid staff, 3 professionals and 2 para-professionals, which provide training and support for more than 679 volunteers who reach 12,496 youth members ranging in age from 5 to 18 years annually. 4-H members participate in project studies of their choice (such as: marine science, nutrition, sewing, public speaking, as well as other life skills); participate in leadership and competitive events (county, state, and national levels), and conduct service learning/community pride projects. Teaching methods are "hands on/learn by doing." Skills learned better prepare participants for school and life.

SERVICE AREA

Countywide

TARGET POPULATION

Gender:	Male and Female	Age:	Children (6-12) and Youth (13-18)
Special Populations:	Education/training		

ELIGIBILITY

Client Eligibility Requirements:	Participants must be between the ages of 5-18 years		
Geographic Criteria:	N/A		
Economic/Financial Criteria:	N/A	Other:	N/A

COLLABORATIVE PARTNERS

Miami-Dade County Public Schools; YMCA; YWCA; Boy and Girl Scouts; community afterschool programs; Park and Recreation Departments; faith-based organizations; and Miami-Dade Fair and Exposition

CBO ACCESS

CBO Access to Funding Source:	No	Funding Provided to CBOs:	No
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PROGRAM GOAL(S)

The goal of the program is to empower youth to reach their full potential through a working and learning partnership with trained, caring, volunteer adults and staff.

PERFORMANCE MEASURES

	Quantity	Quality
Effort/ Output	I. What We Do	II. How Well We Do It
	<ul style="list-style-type: none"> 12,496 youth and 679 volunteers participated in worthwhile, educational activities involving 26,694 project studies 	<ul style="list-style-type: none"> 1,865 youth gained knowledge and skills in careers and job preparation; and 10,000 youth increased in written and record keeping skills through project studies
Effort/ Outcome	III. How Much Change	IV. Quality of Change
	<ul style="list-style-type: none"> 10,000 youth increased in written and record keeping skills through studies 320 youth donated 5,463 hours of community service 42 youth won state competitions 	<ul style="list-style-type: none"> 83% of participants increased written and record keeping skills 83% of participants gained knowledge in careers and job preparation

FUNDING SOURCE(S)

Grant Funding:	Yes	
Funding Source:	Federal (pass through State) and County	
Matching Requirements:	No	Required Match: N/A
Minimum Required Match:	N/A	
Maintenance of Effort Requirements:	No	Funding Cycle: October 1 – September 30

RESOURCE ALLOCATION DETAILS AND SERVICE STATISTICS

	Actual FY 02-03	Budgeted FY 03-04	Budgeted FY 04-05	Change from FY 03-04
Revenue Summary				
Federal	\$0	\$0	\$0	\$0
State	\$98,255	\$81,086	\$103,916	\$22,830
County	\$150,522	\$124,592	\$153,372	\$28,780
Other	\$0	\$0	\$0	\$0
Total	\$248,777	\$205,678	\$257,288	\$51,610
Expenditure Summary				
Salaries and Benefits	\$240,767	\$197,668	\$249,278	\$51,610
Services and Supplies	\$0	\$0	\$0	\$0
Contracted Service Providers	\$8,010	\$8,010	\$8,010	\$0
Capital	\$0	\$0	\$0	\$0
Other	\$0	\$0	\$0	\$0
Total	\$248,777	\$205,678	\$257,288	\$51,610
Total Positions	6	6	6	0
Number of Children Served	15,433	12,496	12,500	4

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4-H YOUTH EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM (EFNEP)

The 4-H program is a nationwide, 100 year old, volunteer led, educational youth development program administered through the United States Department of Agriculture Extension Service and the state's land grant institutions. In Florida, it is managed by the University of Florida and the Miami-Dade County's Cooperative Extension Division, a division of the Consumer Services Department. The local program is staffed by 1 para-professional, which is supervised by an existing 4-H professional. 4-H members participate in project studies related to nutrition. On an annual basis, the para-professional provides training support and curriculum for approximately 90 volunteers, who then conduct a minimum of 6 nutrition educational classes for approximately 1,500 children ages 5 through 18. These children increase life skills through development of project study records, oral presentations, and making exhibits utilizing the knowledge gained through study of food and nutrition.

SERVICE AREA

Countywide

TARGET POPULATION

Gender: Male and Female Age: Children (6-12) and Youth (13-18)

Special Populations: Low income

ELIGIBILITY

Client Eligibility Requirements: Children and youth (5-18) attending a limited income Title I school

Geographic Criteria: Miami-Dade County

Economic/Financial Criteria: Low income Other: N/A

COLLABORATIVE PARTNERS

Miami-Dade County Public Schools; YMCA; YWCA; Boy and Girl Scouts; community afterschool programs; Park and Recreation Department; and faith-based organizations

CBO ACCESS

CBO Access to Funding Source: No Funding Provided to CBOs: No

PROGRAM GOAL(S)

Through educational efforts, 4-H EFNEP youth will acquire the knowledge, skills and attitudes desired for youth to make behavior changes and informed decisions regarding nutritionally sound diets leading to better health, school achievement and personal development.

PERFORMANCE MEASURES

	Quantity	Quality
Effort/ Output	I. What We Do	II. How Well We Do It
	<ul style="list-style-type: none"> 1,486 youth were provided a safe, educational, fun environment 	<ul style="list-style-type: none"> 40% percent of youth completed a project study book, increasing in written and record Keeping skills
Effort/ Outcome	III. How Much Change	IV. Quality of Change
	<ul style="list-style-type: none"> 43% of youth participated in public speaking presentations, exhibits and community service projects 	<ul style="list-style-type: none"> 70% of tested youth increased knowledge of the food guide pyramid, nutrients, food safety, hand washing and making healthy choices

FUNDING SOURCE(S)

Grant Funding:	Yes	
Funding Source:	Federal	
Matching Requirements:	No	Required Match: N/A
Minimum Required Match:	N/A	
Maintenance of Effort Requirements:	No	Funding Cycle: October 1 – September 30

RESOURCE ALLOCATION DETAILS AND SERVICE STATISTICS

	Actual FY 02-03	Budgeted FY 03-04	Budgeted FY 04-05	Change from FY 03-04
Revenue Summary				
Federal	\$45,631	\$44,466	\$45,200	\$734
State	\$0	\$0	\$0	\$0
County	\$0	\$0	\$0	\$0
Other	\$0	\$0	\$0	\$0
Total	\$45,631	\$44,466	\$45,200	\$734
Expenditure Summary				
Salaries and Benefits	\$37,856	\$36,691	\$37,425	\$734
Services and Supplies	\$7,775	\$7,775	\$7,775	\$0
Contracted Service Providers	\$0	\$0	\$0	\$0
Capital	\$0	\$0	\$0	\$0
Other	\$0	\$0	\$0	\$0
Total	\$45,631	\$44,466	\$45,200	\$734
Total Positions	1	1	1	0
Number of Children Served	1,486	1,486	1,486	0

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FAMILY NUTRITION PROGRAM

The Expanded Food and Nutrition Education Program (EFNEP) and Family Nutrition Program (FNP) are funded through the United States Department of Agriculture Extension Service and the state's land grant institutions. In Florida, it is managed by the University of Florida and the Miami-Dade County Cooperative Extension Division, a division of the Consumer Services Department. The local programs are staffed by 2 professionals and 14 para-professionals. Two units of EFNEP, 1 for Hispanic audiences, and another, which targets other low-income populations segments, including African American, Haitian American, as well as other English speaking audiences. The program recruits low-income families with children. FNP targets Food Stamp eligible participants, including seniors. EFNEP provides a multi-session nutrition educational program from the National Extension Service Nutrition Curriculum to groups of families and individuals in agencies and organizations at their facilities throughout the county. EFNEP participants generally complete 12 lessons and FNP complete 5 lessons on sound diets, food purchasing, nutritional well-being, and sanitation and food safety. These programs are directly supportive of the Food Stamp program, and the Women, Infants, and Children's (WIC) program.

SERVICE AREA

Countywide

TARGET POPULATION

Gender:	Male and Female	Age:	All Ages (0-18)
Special Populations:	Low income		

ELIGIBILITY

Client Eligibility Requirements:	Participants must be eligible for food stamps and other government assistance programs		
Geographic Criteria:	N/A		
Economic/Financial Criteria:	Low income	Other:	N/A

COLLABORATIVE PARTNERS

Miami-Dade County Public Schools; United States Food and Drug Administration; Florida Department of Children and Families; Miami-Dade County Community Action Agency; Miami-Dade County Department of Human Services, Child Development Services; Miami-Dade County Health Department; and Head Start Program

CBO ACCESS

CBO Access to Funding Source: No

Funding Provided to CBOs: No

PROGRAM GOAL(S)

The program goal is to assist low-income families and youth, including Food Stamp eligible families and individuals acquire the knowledge, skills, attitudes, and changed behaviors necessary for nutritionally sound diets; to contribute to their personal development; and the improvement of the family's diet and nutritional welfare.

PERFORMANCE MEASURES

	Quantity	Quality
Effort/ Output	I. What We Do	II. How Well We Do It
	<ul style="list-style-type: none"> 2,967 families comprising 10,065 members were provided multi-session nutritional education programming 	<ul style="list-style-type: none"> 63% demonstrated a positive change in eating habits; knowledge of food purchase decisions; healthy meal preparation and food safety
Effort/ Outcome	III. How Much Change	IV. Quality of Change
	<ul style="list-style-type: none"> FNP provided monthly and in-depth programs to 27,945 participants, Pre-K through the elderly 	<ul style="list-style-type: none"> Research has shown that for every dollar spent on the EFNEP program, a minimum of \$10.65 savings in long-term health costs associated with diet related diseases are realized

FUNDING SOURCE(S)

Grant Funding: Yes

Funding Source: Federal

Matching Requirements: No

Required Match: N/A

Minimum Required Match: N/A

Maintenance of Effort Requirements: No

Funding Cycle: October 1 – September 30

RESOURCE ALLOCATION DETAILS AND SERVICE STATISTICS

	Actual FY 02-03	Budgeted FY 03-04	Budgeted FY 04-05	Change from FY 03-04
Revenue Summary				
Federal	\$717,372	\$668,938	\$677,582	\$8,644
State	\$0	\$0	\$0	\$0
County	\$89,825	\$94,553	\$99,529	\$4,976
Other	\$0	\$0	\$0	\$0
Total	\$807,197	\$763,491	\$777,111	\$13,620
Expenditure Summary				
Salaries and Benefits	\$724,722	\$681,016	\$694,636	\$13,620
Services and Supplies	\$82,475	\$82,475	\$82,475	\$0
Contracted Service Providers	\$0	\$0	\$0	\$0
Capital	\$0	\$0	\$0	\$0
Other	\$0	\$0	\$0	\$0
Total	\$807,197	\$763,491	\$777,111	\$13,620
Total Positions	16	16	16	0
Number of Children Served	16,957	16,957	16,957	0